

UTA CORNERSTONE

Bi-Annual Camping Trip What-To-Bring-List

Packing:

- Duffle bag or other large bag to pack things in
- Small backpack for hiking
- First aid kit, if you have one
- Tarp or ground cloth for tent (optional)

Sleeping:

- Sleeping bag
- Sleep clothes (thermals or underarmor under regular clothing)
- Foam sleeping pad or air mattress (bring a blanket to cover an air mattress)
- Blanket to go over the top of sleeping bag for sleeping temperatures in the 50's or below
- Pillow

Clothing (largely depends on the weather):

- Hiking boots if you have them (tennis shoes okay too) for day hike
- Sneakers/tennis shoes for in camp and climbing, when applicable (climbing gear provided)
- Layers for temperature changes:
 - Thermals/Under Armor for night time
 - Shorts & t-shirt
 - Long sleeve shirt – fleece/wool/flannel
 - Long pants – light (zip-off pants are good, if you have them)
 - Sweater or fleece jacket
- Hat/cap with brim, stocking cap/beanie
- Sturdy rain suit or poncho, if rain is predicted
- Gloves or mittens for colder weather

Personal:

- Personal first aid kit/medicines that you need
- Flashlight – small + extra batteries (there will be only a lantern at the camp site)
- Toiletries
- Sunscreen + cheap Sunglasses

Optional:

- Camera
- Watch
- Snacks for Saturday